

# VEGAN GUIDE

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## Polzeath Food & Drink

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### Surfside Polzeath

Polzeath Beach, Wadebridge, PL27 6TB

### Beach Farm Yard

Polzeath, Carruan, PL27 6QU

### The Oystercathcer

Polzeath, PL27 6TG

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## Polzeath Accommodation

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### The Oystercathcer

Polzeath, PL27 6TG

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## Polzeath Shops

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### Sprout Health Foods **100% VEGAN**

The Old Printhouse, Newquay, TR7 1FZ

### The Good Lyfe

9 Fore Street, Newquay, TR7 1HB

**Are your nearest vegan-friendly shops.**

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Please note it is advisable to check with venues for opening hours. We cannot take any responsibility for food served at the venues